Checklist – General Sports

☑	To-Do
	Athlete
	Game day uniform
	Practice clothes
	Protection – pads, cups, goggles
	Shoes & Socks/Skates/Cleats
	Warm-up jacket/sweatshirt
	Athletic Bag
	Equipment (racket, hockey stick, ball, puck)
	Water bottle
	Sunscreen/Sunglasses
	Bug spray
	Hand sanitizer
	Energy bar
	Spectators
	Chair
	Blanket
	Camera/Video camera
	Snacks
	Water bottle
	Extra batteries