



BIO - Audrey Thomas

Audrey Thomas, CSP, has been entertaining and teaching audiences for over 20 years. As an author, speaker and productivity consultant, she presents for corporations, non-profits, conferences and conventions.



Audrey has authored several books, including *50 Ways to Leave Your Clutter*, and *The Road Called Chaos*. Her client roster includes Royal Bank of Canada, Boeing, 3M, and the Minnesota Vikings. Audrey has written for several organizations, including The Business Journal and UnitedHealthcare. Her bi-monthly newsletter - My Monday Moment – is designed for busy professionals. Serving the National Speakers Association-Minnesota as Past President, she is the recipient of the Certified Speaking Professional designation. The CSP is the speaking profession’s international measure of professional platform competence. Less than 12% of all speakers are awarded this credential.

Audrey lives in the Twin Cities with her husband and loves being a Nana.