



Introduction to use for a **KEYNOTE** session for Audrey Thomas

A simple definition of a productive person is someone who consistently gets things done and checks things off their To-Do List.

Our speaker today loves a good To-Do List but even more, loves helping others learn new techniques and practices to increase **their** personal productivity.

Audrey Thomas has been helping others **for over 20 years** and works with companies such as Boeing, Royal Bank of Canada, and UnitedHealthcare.

She has been awarded the **Certified Speaking Professional** designation, which less than 12% of all speakers receive.

When she's not working, she loves being a **Nana**. Her hobbies include traveling, gardening, and target shooting.

With a goal today to "**Leave you better than she found you,**" please join me in welcoming,

from Minneapolis, Minnesota,

Speaker, CSP, and fan of deleting emails– **Audrey Thomas**, also known as **Organized Audrey**.